



# PROHEALTHY

Education for our patients and families

## Fever (Children over age 1)

A fever is a temperature that is higher than 101 degrees F in someone who has been resting. It can be caused by an infection.

### If any of the following occur or worsen, come to the Emergency Department:

- Fever not relieved with medication
- Medications that do not stay down (throwing up)
- New symptoms develop
- Seizures
- Hard time breathing

### Care at Home

- Take temperature every 4 hours
- Stay lightly covered; this lets the heat escape from the body
- Keep the room cool
- Drink cool, clear liquids
- **Aspirin should not be given to children** without advice from the doctor
- If the temperature is greater than 103 degrees F at any time for a child, call your doctor.

### Treatment with Ibuprofen (Motrin, Advil)

Ibuprofen use is approved for children 6 months of age and older. However, ibuprofen should never be given to children who are dehydrated or vomiting continuously. Dosages may be repeated every 8 hours, but should not be given more than 4 times in a 24 hour period. Please refer to the dosing handouts to know the right dosage for your child.

### Treatment with Acetaminophen (Tylenol)

Acetaminophen may be in other over-the-counter medications, such as cold medicine. Read all medication labels. Dosages may be repeated every 4 hours, but should not be given more than 5 times in a 24 hour period. Please refer to the dosing handouts to know the right dose for your child.

Please call your doctor for any questions or concerns you may have regarding this information.



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*The information in this handout is not meant to replace the advice from your own doctor. Please ask your doctor any questions you may have.  
This educational material was developed by a team of experts from throughout ProHealth Care.*

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